附件3：

初中三年级男生身高标准体重

（体重单位：公斤）

| 身高段（厘米） | 营养不良 | 较低体重 | 正常体重 | 超 重 | 肥 胖 |
| --- | --- | --- | --- | --- | --- |
| 123.0~123.9 | <21.4 | 21.4~28.5 | 28.6~34.2 | 34.3~36.2 | >=36.3 |
| 124.0~124.9 | <21.6 | 21.6~29.0 | 29.1~34.8 | 34.9~36.9 | >=37.0 |
| 125.0~125.9 | <22.2 | 22.2~29.6 | 29.7~35.4 | 35.5~37.5 | >=37.6 |
| 126.0~126.9 | <22.6 | 22.6~30.4 | 30.5~36.2 | 36.3~38.4 | >=38.5 |
| 127.0~127.9 | <22.8 | 22.8~30.9 | 31.0~36.9 | 37.0~39.1 | >=39.2 |
| 128.0~128.9 | <23.4 | 23.4~31.5 | 31.6~37.6 | 37.7~39.8 | >=39.9 |
| 129.0~129.9 | <24.1 | 24.1~32.2 | 32.3~38.2 | 38.3~40.4 | >=40.5 |
| 130.0~130.9 | <24.6 | 24.6~32.8 | 32.9~39.1 | 39.2~41.3 | >=41.4 |
| 131.0~131.9 | <25.1 | 25.1~33.4 | 33.5~39.7 | 39.8~41.9 | >=42.0 |
| 132.0~132.9 | <25.7 | 25.7~34.0 | 34.1~40.3 | 40.4~42.5 | >=42.6 |
| 133.0~133.9 | <26.3 | 26.3~34.6 | 34.7~41.3 | 41.4~43.2 | >=43.3 |
| 134.0~134.9 | <26.8 | 26.8~35.2 | 35.3~41.6 | 41.7~43.9 | >=44.0 |
| 135.0~135.9 | <27.2 | 27.2~35.8 | 35.9~42.2 | 42.3~44.5 | >=44.6 |
| 136.0~136.9 | <27.8 | 27.8~36.4 | 36.5~42.8 | 42.9~45.1 | >=45.2 |
| 137.0~137.9 | <28.2 | 28.2~37.0 | 37.1~43.4 | 43.5~45.7 | >=45.8 |
| 138.0~138.9 | <28.7 | 28.7~37.6 | 37.7~44.1 | 44.2~46.4 | >=46.5 |
| 139.0~139.9 | <29.4 | 29.4~38.3 | 38.4~44.7 | 44.8~47.0 | >=47.1 |
| 140.0~140.9 | <30.1 | 30.1~39.0 | 39.1~45.6 | 45.7~47.9 | >=48.0 |
| 141.0~141.9 | <30.8 | 30.8~39.7 | 39.8~46.3 | 46.4~48.6 | >=48.7 |
| 142.0~142.9 | <31.5 | 31.5~40.4 | 40.5~47.0 | 47.1~49.3 | >=49.4 |
| 143.0~143.9 | <32.2 | 32.2~41.1 | 41.2~47.7 | 47.8~50.0 | >=50.1 |
| 144.0~144.9 | <32.8 | 32.8~41.8 | 41.9~48.4 | 48.5~50.7 | >=50.8 |
| 145.0~145.9 | <33.5 | 33.5~42.5 | 42.6~49.2 | 49.3~51.6 | >=51.7 |
| 146.0~146.9 | <34.1 | 34.1~43.1 | 43.2~49.8 | 49.9~52.2 | >=52.3 |
| 147.0~147.9 | <34.6 | 34.6~43.8 | 43.9~50.5 | 50.6~52.9 | >=53.0 |
| 148.0~148.9 | <35.3 | 35.3~44.5 | 44.6~51.4 | 51.5~53.8 | >=53.9 |
| 149.0~149.9 | <35.8 | 35.8~45.1 | 45.2~52.0 | 52.1~54.4 | >=54.5 |
| 150.0~150.9 | <36.5 | 36.5~45.8 | 45.9~52.7 | 52.8~55.1 | >=55.2 |
| 151.0~151.9 | <37.0 | 37.0~46.5 | 46.6~53.5 | 53.6~56.0 | >=56.1 |
| 152.0~152.9 | <37.6 | 37.6~47.1 | 47.2~54.1 | 54.2~56.6 | >=56.7 |
| 153.0~153.9 | <38.3 | 38.3~47.8 | 47.9~54.8 | 54.9~57.3 | >=57.4 |
| 154.0~154.9 | <39.0 | 39.0~48.5 | 48.6~55.5 | 55.6~58.0 | >=58.1 |
| 155.0~155.9 | <39.6 | 39.6~49.1 | 49.2~56.1 | 56.2~58.6 | >=58.7 |
| 156.0~156.9 | <40.3 | 40.3~49.8 | 49.9~56.8 | 56.9~59.3 | >=59.4 |
| 157.0~157.9 | <40.9 | 40.9~50.5 | 50.6~57.7 | 57.8~60.2 | >=60.3 |
| 158.0~158.9 | <41.4 | 41.4~51.2 | 51.3~58.4 | 58.5~60.9 | >=61.0 |
| 159.0~159.9 | <42.2 | 42.2~51.9 | 52.0~59.1 | 59.2~61.6 | >=61.7 |
| 160.0~160.9 | <42.9 | 42.9~52.7 | 52.8~59.9 | 60.0~62.4 | >=62.5 |
| 161.0~161.9 | <43.6 | 43.6~53.4 | 53.5~60.6 | 60.7~63.1 | >=63.2 |
| 162.0~162.9 | <44.3 | 44.3~54.1 | 54.2~61.4 | 61.5~64.0 | >=64.1 |
| 163.0~163.9 | <44.8 | 44.8~54.7 | 54.8~62.0 | 62.1~64.6 | >=64.7 |
| 164.0~164.9 | <45.4 | 45.4~55.4 | 55.5~62.7 | 62.8~65.1 | >=65.2 |
| 165.0~165.9 | <46.2 | 46.2~56.1 | 56.2~63.4 | 63.5~66.0 | >=66.1 |
| 166.0~166.9 | <46.8 | 46.8~56.7 | 56.8~64.0 | 64.1~66.6 | >=66.7 |
| 167.0~167.9 | <47.4 | 47.4~57.4 | 57.5~64.9 | 65.0~67.5 | >=67.6 |
| 168.0~168.9 | <48.0 | 48.0~58.1 | 58.2~65.6 | 65.7~68.2 | >=68.3 |
| 169.0~169.9 | <48.7 | 48.7~58.8 | 58.9~66.4 | 66.5~69.1 | >=69.2 |
| 170.0~170.9 | <49.4 | 49.4~59.5 | 59.6~67.1 | 67.2~69.8 | >=69.9 |
| 171.0~171.9 | <50.0 | 50.0~60.2 | 60.3~68.0 | 68.1~70.7 | >=70.8 |
| 172.0~172.9 | <50.6 | 50.6~60.8 | 60.9~69.0 | 69.1~71.8 | >=71.9 |
| 173.0~173.9 | <51.2 | 51.2~61.5 | 61.6~69.9 | 70.0~72.8 | >=72.9 |
| 174.0~174.9 | <51.9 | 51.9~62.3 | 62.4~70.9 | 71.0~73.9 | >=74.0 |
| 175.0~175.9 | <52.7 | 52.7~63.1 | 63.2~71.8 | 71.9~74.8 | >=74.9 |
| 176.0~176.9 | <53.3 | 53.3~63.8 | 63.9~72.8 | 72.9~75.9 | >=76.0 |
| 177.0~177.9 | <54.0 | 54.0~64.6 | 64.7~73.9 | 74.0~77.1 | >=77.2 |
| 178.0~178.9 | <54.7 | 54.7~65.4 | 65.5~74.8 | 74.9~78.1 | >=78.2 |
| 179.0~179.9 | <55.8 | 55.8~66.2 | 66.3~75.8 | 75.9~79.1 | >=79.2 |
| 180.0~180.9 | <56.3 | 56.3~66.9 | 67.0~76.7 | 76.8~80.1 | >=80.2 |
| 181.0~181.9 | <56.9 | 56.9~67.7 | 67.8~77.7 | 77.8~81.2 | >=81.3 |
| 182.0~182.9 | <57.5 | 57.5~68.4 | 68.5~78.6 | 78.7~82.1 | >=82.2 |
| 183.0~183.9 | <58.1 | 58.1~69.1 | 69.2~79.4 | 79.5~83.0 | >=83.1 |
| 184.0~184.9 | <58.7 | 58.7~69.8 | 69.9~80.4 | 80.5~84.1 | >=84.2 |
| 185.0~185.9 | <59.5 | 59.5~70.5 | 70.6~81.3 | 81.4~85.0 | >=85.1 |
| 186.0~186.9 | <60.3 | 60.3~71.3 | 71.4~82.3 | 82.4~86.1 | >=86.2 |

初中三年级女生身高标准体重

（体重单位：公斤）

| 身高段（厘米） | 营养不良 | 较低体重 | 正常体重 | 超 重 | 肥 胖 |
| --- | --- | --- | --- | --- | --- |
| 121.0~121.9 | <19.8 | 19.8－25.4 | 25.5－30.9 | 31.0－32.6 | >=32.7 |
| 122.0~122.9 | <20.3 | 20.3－25.9 | 26.0－31.7 | 31.8－33.7 | >=33.8 |
| 123.0~123.9 | <20.6 | 20.6－26.5 | 26.6－32.5 | 32.6－34.5 | >=34.6 |
| 124.0~124.9 | <21.1 | 21.1－27.0 | 27.1－33.1 | 33.2－35.2 | >=35.3 |
| 125.0~125.9 | <21.6 | 21.6－27.5 | 27.6－33.6 | 33.7－35.7 | >=35.8 |
| 126.0~126.9 | <22.1 | 22.1－28.0 | 28.1－34.4 | 34.5－36.4 | >=36.5 |
| 127.0~127.9 | <22.6 | 22.6－28.5 | 28.6－35.0 | 35.1－37.1 | >=37.2 |
| 128.0~128.9 | <23.0 | 23.0－29.0 | 29.1－35.4 | 35.5－37.6 | >=37.7 |
| 129.0~129.9 | <23.5 | 23.5－29.6 | 29.7－36.2 | 36.3－38.4 | >=38.5 |
| 130.0~130.9 | <23.9 | 23.9－30.1 | 30.2－36.8 | 36.9－39.1 | >=39.2 |
| 131.0~131.9 | <24.4 | 24.4－30.6 | 30.7－37.5 | 37.6－39.8 | >=39.9 |
| 132.0~132.9 | <24.9 | 24.9－31.1 | 31.2－38.1 | 38.2－40.3 | >=40.4 |
| 133.0~133.9 | <25.3 | 25.3－31.6 | 31.7－38.7 | 38.8－41.0 | >=41.1 |
| 134.0~134.9 | <25.6 | 25.6－32.1 | 32.2－39.2 | 39.3－41.5 | >=41.6 |
| 135.0~135.9 | <26.2 | 26.2－32.7 | 32.8－39.7 | 39.8－42.1 | >=42.2 |
| 136.0~136.9 | <27.3 | 27.3－33.2 | 33.3－40.4 | 40.5－42.8 | >=42.9 |
| 137.0~137.9 | <27.4 | 27.4－33.6 | 33.7－40.7 | 40.8－43.2 | >=43.3 |
| 138.0~138.9 | <27.7 | 27.7－34.1 | 34.2－41.5 | 41.6－43.7 | >=43.8 |
| 139.0~139.9 | <28.1 | 28.1－34.6 | 34.7－41.9 | 42.0－44.4 | >=44.5 |
| 140.0~140.9 | <28.6 | 28.6－35.2 | 35.3－42.5 | 42.6－45.0 | >=45.1 |
| 141.0~141.9 | <29.1 | 29.1－35.8 | 35.9－43.1 | 43.2－45.6 | >=45.7 |
| 142.0~142.9 | <29.6 | 29.6－36.4 | 36.5－43.9 | 44.0－46.4 | >=46.5 |
| 143.0~143.9 | <30.2 | 30.2－37.0 | 37.1－44.4 | 44.5－46.8 | >=46.9 |
| 144.0~144.9 | <30.8 | 30.8－37.7 | 37.8－45.0 | 45.1－47.5 | >=47.6 |
| 145.0~145.9 | <31.5 | 31.5－38.3 | 38.4－45.7 | 45.8－48.1 | >=48.2 |
| 146.0~146.9 | <32.1 | 32.1－38.9 | 39.0－46.2 | 46.3－48.7 | >=48.8 |
| 147.0~147.9 | <32.7 | 32.7－39.6 | 39.7－47.1 | 47.2－49.6 | >=49.7 |
| 148.0~148.9 | <33.3 | 33.3－40.3 | 40.4－47.9 | 48.0－50.3 | >=50.4 |
| 149.0~149.9 | <33.8 | 33.8－40.9 | 41.0－48.5 | 48.6－50.9 | >=51.0 |
| 150.0~150.9 | <34.3 | 34.3－41.4 | 41.5－49.0 | 49.1－51.6 | >=51.7 |
| 151.0~151.9 | <34.9 | 34.9－42.0 | 42.1－49.6 | 49.7－52.2 | >=52.3 |
| 152.0~152.9 | <35.5 | 35.5－42.6 | 42.7－50.3 | 50.4－52.8 | >=52.9 |
| 153.0~153.9 | <36.1 | 36.1－43.2 | 43.3－51.0 | 51.1－53.6 | >=53.7 |
| 154.0~154.9 | <36.6 | 36.6－43.7 | 43.8－51.6 | 51.7－54.1 | >=54.2 |
| 155.0~155.9 | <37.3 | 37.3－44.5 | 44.6－52.3 | 52.4－54.9 | >=55.0 |
| 156.0~156.9 | <37.8 | 37.8－45.0 | 45.1－52.9 | 53.0－55.4 | >=55.5 |
| 157.0~157.9 | <38.3 | 38.3－45.5 | 45.6－53.5 | 53.6－56.1 | >=56.2 |
| 158.0~158.9 | <38.7 | 38.7－46.1 | 46.2－54.2 | 54.3－56.9 | >=57.0 |
| 159.0~159.9 | <39.3 | 39.3－46.7 | 46.8－54.9 | 55.0－57.5 | >=57.6 |
| 160.0~160.9 | <39.8 | 39.8－47.2 | 47.3－55.7 | 55.8－58.2 | >=58.3 |
| 161.0~161.9 | <40.4 | 40.4－47.9 | 48.0－56.2 | 56.3－58.9 | >=59.0 |
| 162.0~162.9 | <41.0 | 41.0－48.5 | 48.6－56.9 | 57.0－59.7 | >=59.8 |
| 163.0~163.9 | <41.7 | 41.7－49.2 | 49.3－57.7 | 57.8－60.6 | >=60.7 |
| 164.0~164.9 | <42.2 | 42.2－49.8 | 49.9－58.6 | 58.7－61.6 | >=61.7 |
| 165.0~165.9 | <42.7 | 42.7－50.4 | 50.5－59.2 | 59.3－62.2 | >=62.3 |
| 166.0~166.9 | <43.3 | 43.3－51.0 | 51.1－59.8 | 59.9－62.8 | >=62.9 |
| 167.0~167.9 | <43.8 | 43.8－51.5 | 51.6－60.4 | 60.5－63.3 | >=63.4 |
| 168.0~168.9 | <44.5 | 44.5－52.2 | 52.3－61.1 | 61.2－64.0 | >=64.1 |
| 169.0~169.9 | <45.1 | 45.1－52.9 | 53.0－61.7 | 61.8－64.7 | >=64.8 |
| 170.0~170.9 | <45.6 | 45.6－53.5 | 53.6－62.3 | 62.4－65.3 | >=65.4 |
| 171.0~171.9 | <46.1 | 46.1－54.0 | 54.1－63.0 | 63.1－66.0 | >=66.1 |
| 172.0~172.9 | <46.5 | 46.5－54.5 | 54.6－63.6 | 63.7－66.5 | >=66.6 |
| 173.0~173.9 | <47.0 | 47.0－55.0 | 55.1－64.2 | 64.3－67.2 | >=67.3 |
| 174.0~174.9 | <47.6 | 47.6－55.6 | 55.7－64.8 | 64.9－67.8 | >=67.9 |
| 175.0~175.9 | <48.2 | 48.2－56.3 | 56.4－65.7 | 65.8－68.7 | >=68.8 |
| 176.0~176.9 | <48.7 | 48.7－57.0 | 57.1－66.5 | 66.6－69.6 | >=69.7 |
| 177.0~177.9 | <49.2 | 49.2－57.8 | 57.9－67.4 | 67.5－70.6 | >=70.7 |

注：身高低于表中所列出的最低身高段的下限值时，身高每低1厘米，实测体重需加上0.5公斤，实测身高需加上1厘米，再查表确定分值。

身高高于表中所列出的最高身高段时，身高每高1厘米，实测体重需减去0.9公斤，实测身高需减去1厘米，再查表确定分值。